



# The Hazards of Smartphones

*Social Emotional Impact of Technology on Students*

**Monday, January 29, 2018**

**7:00pm**

As more of our lives are consumed with digital technology - social media, texting and smartphones, is it any wonder that our children are growing up with electronic gadgets as companions?

*What is the impact of all of this new technology on child development, and what can parents do?*

**Join UPG to learn about strategies to help your child navigate through these technological changes.**

## *Learn More About the Facilitators:*

Carolyn Seplow is a Licensed Clinical Social Worker with a private practice in Chestnut Hill. She has worked with young people and their families for 20 years in a variety of settings. For the majority of her career she worked as a high school counselor where she provided clinical services to students struggling with common teenage life issues such as anxiety, depression, learning disabilities, autism, social pressures, and family conflicts. As she helped teenagers navigate their difficult and complicated worlds, she grew more and more enamored by them. Her work with tweens, teens and their parents continues to be a source of joy and inspiration.

Deborah McCoy of Educational Development Services, LLC has been developing and leading training programs for educators for the past twenty years. Deb graduated from Penn State University with a degree in Rehabilitative Education. She leads in-depth threat assessment and violence prevention training programs for educators. Her seminars provide practical strategies and solutions to the problems faced by students, and helps schools develop effective programs to address these issues.

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