

June 11, 2018

Dear Parents and Guardians:

This school year, the Positive Action curriculum, designed to help students learn there is a holistic approach to being positive, was utilized in our school. The curriculum is based on the following guiding principles through a school-wide approach to empower students: (1) We feel good about ourselves when we engage in positive actions; and (2) there is a positive way to do everything. Our students learned the following core tenets of the curriculum:

- **Unit 1**—Philosophy and Thoughts-Actions-Feelings Circle
- **Unit 2**—Physical and Intellectual Positive Actions for Your Body and Mind
- **Unit 3**—Social and Emotional Positive Actions for Managing Yourself
- **Unit 4**—Social and Emotional Positive Actions for Treating Others the Way You Like to Be Treated
- **Unit 5**—Social and Emotional Positive Actions for Telling Yourself the Truth
- **Unit 6**—Social and Emotional Positive Actions for Improving Yourself Continually

To assist us in gaining knowledge regarding the positive strides made by our students and our school through Positive Action, students will be provided with the opportunity to share their thoughts via a survey. The survey will be administered on **Monday, June 18, 2018**. A copy of the survey will be available for review in the main office area of our school beginning **Tuesday, June 12**. If you would like to opt your child out of taking the survey, please inform me by **Friday, June 15** [mrobinson@cheltenham.org](mailto:mrobinson@cheltenham.org) or contact the school's main office at 215-8816440.

Prioritizing the social and emotional well-being of our students is a key focus of the district's strategic plan. Thus, the implementation of the Positive Action curriculum aligns with our on-going efforts to support students' holistic needs.

Sincerely,

Michelle Robinson

Principal

## Positive Action Student Survey

School \_\_\_\_\_ Grade \_\_\_\_\_

A. This year, from Positive Action lessons, did you learn...	Not Well	Fairly Well	Very Well
1. How the Thoughts-Actions-Feelings circle helped you to understand more about your thoughts, actions and feelings?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. How you feel good when you do positive actions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. How there is a positive way to do everything?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. How to keep yourself healthy?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. How to treat others as you would want to be treated?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. How to take deep breaths to calm yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. How to make good decisions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. How to be honest with others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. How to manage your feelings?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. How to avoid unsafe behaviors?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. How to get along with others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. How to listen politely?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. How to compliment others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. How to think good about yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. How to avoid conflicts at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. How to be a good friend?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. How to avoid actions that might get me into trouble?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. How to control my anger?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. How it is important to say what you will do?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. How to say "no" when others try to talk you into doing something that is not right?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

B. While learning about Positive Action...	Yes	No
1. Did you talk to your parent/guardian about Positive Action?	<input type="radio"/>	<input type="radio"/>
2. Did you see Positive Action posters in your classroom/school building?	<input type="radio"/>	<input type="radio"/>
3. Did you like the Positive Action activities?	<input type="radio"/>	<input type="radio"/>
4. Did you use the Positive Action lesson activity sheets/booklets/journals?	<input type="radio"/>	<input type="radio"/>
5. Did you go to a Positive Action assembly or town hall meeting?	<input type="radio"/>	<input type="radio"/>

C. Please share your thoughts...
<p>1. What did you like about Positive Action?</p>     
<p>2. What did you dislike about Positive Action?</p>     

***Thank You!***