



CHELTENHAM ELEMENTARY SCHOOL  
7853 Front Street · Cheltenham, PA 19012 · 215-635-7415 · Fax: 215-517-4528

Nicolas Perez – Principal

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June 1, 2018

Dear Parents and Guardians:

This school year, the *Positive Action* curriculum, designed to help students learn there is a holistic approach to being positive, was utilized in our school. The curriculum is based on the following guiding principles through a school-wide approach to empower students: (1) We feel good about ourselves when we engage in positive actions; and (2) there is a positive way to do everything. Our students learned the following core tenets of the curriculum:

- § **Unit 1**—Philosophy and Thoughts-Actions-Feelings Circle
- § **Unit 2**—Physical and Intellectual Positive Actions for Your Body and Mind
- § **Unit 3**—Social and Emotional Positive Actions for Managing Yourself
- § **Unit 4**—Social and Emotional Positive Actions for Treating Others the Way You Like to Be Treated
- § **Unit 5**—Social and Emotional Positive Actions for Telling Yourself the Truth
- § **Unit 6**—Social and Emotional Positive Actions for Improving Yourself Continually

To assist us in gaining knowledge regarding the positive strides made by our students and our school through *Positive Action*, students will be provided with the opportunity to share their thoughts via a survey. The survey will be administered on **Monday, June 18, 2018**. A copy of the survey will be available for review in the main office area of our school beginning **Monday, June 4**. If you would like to opt your child out of taking the survey, please inform me by **Thursday, June 14** by emailing **Mrs. O'Connor-coconnor@cheltenham.org** or contact the school's main office at **215-635-7415**. Prioritizing the social and emotional well-being of our students is a key focus of the district's strategic plan. Thus, the implementation of the *Positive Action* curriculum aligns with our ongoing efforts to support students' holistic needs.

Sincerely,

A handwritten signature in black ink that reads 'Nicolas Perez'.

Nicolas Perez, Principal

## Positive Action Student Survey

School \_\_\_\_\_ Grade \_\_\_\_\_

A. This year, from Positive Action lessons, did you learn...	Not Well	Fairly Well	Very Well
1. How the Thoughts-Actions-Feelings circle helped you to understand more about your thoughts, actions and feelings?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. How you feel good when you do positive actions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. How there is a positive way to do everything?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. How to keep yourself healthy?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. How to treat others as you would want to be treated?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. How to take deep breaths to calm yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. How to make good decisions?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. How to be honest with others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. How to manage your feelings?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. How to avoid unsafe behaviors?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. How to get along with others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. How to listen politely?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. How to compliment others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. How to think good about yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. How to avoid conflicts at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. How to be a good friend?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. How to avoid actions that might get me into trouble?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. How to control my anger?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. How it is important to say what you will do?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. How to say "no" when others try to talk you into doing something that is not right?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

B. While learning about Positive Action...	Yes	No
1. Did you talk to your parent/guardian about Positive Action?	<input type="radio"/>	<input type="radio"/>
2. Did you see Positive Action posters in your classroom/school building?	<input type="radio"/>	<input type="radio"/>
3. Did you like the Positive Action activities?	<input type="radio"/>	<input type="radio"/>
4. Did you use the Positive Action lesson activity sheets/booklets/journals?	<input type="radio"/>	<input type="radio"/>
5. Did you go to a Positive Action assembly or town hall meeting?	<input type="radio"/>	<input type="radio"/>

C. Please share your thoughts...
<p>1. What did you like about Positive Action?</p>    
<p>2. What did you dislike about Positive Action?</p>    

***Thank You!***